

Amnesty of Psoriasis with Sulphur - A Case Report

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ABSTRACT

Psoriasis is an immune mediated disease. It's a long-lasting condition, noncontagious disease. Psoriasis is chronic skin complaint. Skin will be presented with thick scaly, white plaques, itching noted over knees, elbows, trunk, scalp. It is a genetic disease. A 47years old male had presented with white plaques of skin over the shins of both lower limbs since 2years. He was treated with Sulphur 1M, based on symptom similarity with follow up of 1year. Based on symptom similarity homoeopathic treatment is the best line of treatment.

Keywords: Homoeopathy, Psoriasis, Sulphur, Inflammation, Skin, white, plaques

INTRODUCTION

Psoriasis is an immune mediated disease. It's a long-lasting condition, noncontagious disease. Psoriasis is chronic skin complaint. Skin will be presented with thick scaly, white plaques, itching noted over knees, elbows, trunk, scalp. It is a genetic disease. Psoriasis is an inflammatory condition of skin. Mostly its prevalence is of around 0.4 to 2.8%. Mostly it effects in 30-40years. Mostly males are more prone to this when compared with females. it is having erythematous plaques of skin covered with silvery scale like appearance. It is a chronic proliferative condition. There are two types of Psoriasis.

Type 1: This is positive family history which happens to be seen before 40years of age.

Type 2: This is not having any positive family history which is seen after 40 years of age.

It varies in morphology:

- a. Guttate
- b. Plaque
- c. Rupoid
- d. Erythrodermic
- e. Inverse
- f. Pustular
- g. Elephantine
- h. Psoriatic arthritis.

This is a case report on 47yrs male where Psoriasis was improved after 2years.

CASE REPORT

A 47years male presented to our OPD Clinic on 4th June 2021 with the complaints of severe itching over both lower limbs. Small rash on both lower limbs below knees since 2years.

History of presenting complaint

Presented with Complaints of severe itching over both lower limbs. Small rash on both lower limbs below knees since 2years. Gradually increased in number. White plaques of skin with discolouration. Severe itching, burning sensation over both the lower limbs. He has lot of stress regarding the family due to financial crisis. He is very irritable, arrogant, restless, very much religious. Always demands everyone in the family to follow him. Stubborn, doesn't like to do house hold duties. He has Hard constipated irregular stools, Severe weakness.

Generals:

Appetite: decreased

Urine: Normal

Thirst: Normal,

Stool: Hard constipated irregular stools.
 Sleep: Disturbed
 Mental generals:
 Irritable
 Arrogant
 Religious
 Restless
 Sad
 Doesn't like to do work

- Irritable
- Arrogant
- Religious
- Sad
- Doesn't like to do work
- White plaques on both lower limb with discolouration
- Burning sensation
- Itching over the rash site
- Hard stools
- Severe weakness

Evaluation of symptoms:
 Mental generals:



Fig 1: 4th June 2022



Fig 2: 9th December 2022



Fig 3: 2nd June 2023

Repertorisation					
Symptoms: 8 Remedies: 285 Applied Filter					
Remedy Name	Sulph	Ars	Rhus-t	Merc	Caust
Totality / Symptom Covered	19 / 7	17 / 7	17 / 7	16 / 8	15 / 7
[Kent] [Skin]Eruptions: (146)	3	3	3	3	2
[Kent] [Skin]Eruptions:Psoriasis: (52)	2	2	2	2	2
[Kent] [Skin]Eruptions:Burning: (99)	2	3	3	3	1
[Kent] [Skin]Eruptions:Burning:Night: (6)		1	3	2	3
[Kent] [Skin]Eruptions: (146)	3	3	3	3	2
[Kent] [Skin]Eruptions:Psoriasis: (52)	2	2	2	2	2
[Kent] [Skin]Eruptions:Burning: (99)	2	3	3	3	1
[Kent] [Skin]Eruptions:Burning:Night: (6)		1	3	2	3

Fig 3: Repertorisation chart

Therapeutic Intervention:

Case was obtained and by means of Kent Repertory, Dominant miasm is Psora so, Sulphur 1M was selected based on the grounds of Miasmatic consideration. The patient was asked to report after 15days for the first follow up.

Table 1: Data of Symptoms, Follow-up, Prescription

Date	Symptoms	Prescription/Dose
4 th June 2022 1 st visit	Severe itching of skin with White plaques of skin with discolouration over the both lower limbs below the knees.	Sulphur 1M/ 1 dose
19 th June 2022 2 nd visit	Persisting symptoms	Sac Lac/1 dose
20 th aug 2022 3 rd visit	Itching slightly relieved,Erythema with white plaques and discolouration persisting	Sulphur 1M /1 dose ,sac lacx2months
20 th July 2022 4 th visit	Itching decreased,white scaling of skin slightly reduced	Sac Lac/1 dose/1month
21 st August 2022 5 th visit	Slightly scaling is reduced,Itching reduced maximum,Erythema reduced	Slightly scaling is reduced, Itching reduced maximum, Erythema reduced
9th December 2022 6 th Visit	White scaling of skin withdiscoloration reduced,No itching or burning,no inflammation.	Sac lac x2months
20th March 2023 7 th visit	White scaling of skin with discoloration reduced, No itching or burning, no inflammation.	Sac lac x1month
20 th April 2023 8 th visit	White scaling of skin with discoloration reduced, No itching or burning, no inflammation	Sac lac x1month
20 th May 2023 9 th Visit	White scaling of skin with discoloration reduced	Sac lac x1month
22 nd June 2023 8 th Visit	No recurrence	Sac lac x1month

CONCLUSION

Case of Psoriasis, Where Sulphur 1M 3doses was advised, based on symptom similarity. Patient had recovered from Psoriasis and No further recurrence is noted. Thus, proved Homeopathy is having great affinity in treating the cases of skin complaints.

Declaration by Authors

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