

Utility of Fraxinus Americanus and Sepia in Elimination of Uterine Fibroid - A Case Report

Dr. Tummala Aarathi Reddy

Assistant Professor, Department of Obstetrics and Gynaecology, MNR Homoeopathic Medical College, Kaloji Narayana Rao University of Health Sciences, Sangareddy, Telangana state

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ABSTRACT

Uterine fibroids are tumors which develop from muscle and connective tissue in the wall of uterus. They are benign growths. They are also called as leiomyomas or myomas. Most common type of growths in woman. In this case report we will be discussing about uterine fibroid in 51years old female. She had been treated with Fraxinus Americanus Q and Sepia 200 Potency based on symptoms similarity. This is an evidenced based case report that when homoeopathy is prescribed on the basis of symptom similarity it gives wonderful results.

Keywords: Uterine fibroids, Abdominal pain, Bleeding p/v, Homoeopathy, Fraxinus americanus, Sepia

INTRODUCTION

Uterine fibroids are benign tumors. There are various types of uterine fibroids. They usually vary in size, shape, location usually 5 types of fibroids. 1. Submucosal fibroids: They develop in myometrium between the muscle layer. They are not as common as other types. 2. Pedunculated fibroids: They are like pendulous in form. They hang down with stem. 3. Subserosal fibroids. They usually appear outside the uterus called as serosa. They usually grow huge in size and increase the size of uterus. 4. Intramural fibroids: Most common type of fibroids. They appear within the muscular wall of uterus. they may grow large in size which occupies the uterus. 5. Cervical fibroids: These are very rare. They appear on cervical region connection from uterus to vagina. This particular case is regarding intramural

fibroid which is treated and resolved with usage of Fraxinus Americanus and Sepia.

CASE REPORT

A 51 years old lady presented with the history of Heavy Bleeding p/v since 10-15 days had reported to the clinic on 9th September 2022 with the complaints of Heavy bleeding p/v, associated with pain in abdomen, severe backache.

History of presenting complaint

Presented with the Complaints of Heavy bleeding since 10-15 days, Severe pain in abdomen, backache. Bearing down sensation. Severe pain in left inguinal region radiating to lower abdomen. She is house wife, very scared towards her husband. He is an alcoholic; He beats her when he returns tonight. She feels responsible and thinks only she can take care of the family. Due to history of similar complaints regarding Heavy bleeding in past she sought opinion of Gynaecologist, suggested for Ultrasonography which revealed Bulky uterus with adenomyotic changes and Intramural fibroid on 23rd June 2022. She was advised for Hysterectomy. Patient was having financial crisis and she came to My OPD on 9th September 2022. She revealed the entire history, regarding the past existing complaints and also, she was having a tendency to catch cold easily. Hot sensation on scalp. Cramping pains in both lower limbs. Pain in both knee joints. Aggravated by Heavy work.

Generals:

Appetite: Normal
 Urine: Normal
 Thirst: Normal
 Sleep: Disturbed
 Hot patient
 Desire: Chicken
 Mental generals:
 Irritable
 Weeping tendency
 Hopelessness

Evaluation of symptoms:

- Irritable
- Weeping tendency
- Hopelessness
- Heavy bleeding p/v
- Bearing down sensation
- Pain in abdomen
- Hot sensation in both feet
- Agg by afternoon, night



Fig 1: 23rd June 2022



Fig 2: 4th April 2023

Remedy Name	Sep	Sulph	Caust	Nux-v	Nat-m
Totality / Symptom Covered	14 / 6	12 / 4	11 / 5	11 / 5	11 / 4
[Kent] [Mind]Weeping,tearful mood,etc.: (166)	3	3	3	2	3
[Kent] [Mind]Sadness,mental depression: (249)	3	3	3	2	3
[Kent] [Genitalia female]Menses:Daytime only: (6)			2		3
[Kent] [Abdomen]Pain:Dragging,bearing do...	3	3	1	3	

Fig 3: Repertorisation chart

Therapeutic Intervention:

Case was taken and repertorisation was done by following Kentian method of Repertorisation, Sepia 200 was selected based on the symptom similarity. Sepia is

having very characteristic feature acting on uterine affections. *Fraxinus americanus* q indicated 10drops in the morning and night for 2months.

RESULT

Table 1: Data of Symptoms, Followup, Prescription

Date	Symptoms	Prescription/Dose	Justification
9 th September 2022 1 st visit	Heavy bleeding p/v,Pain in abdomen,Bearing down sensation.	Sepia 200/ 1 dose Fraxinus americanus Q 10drops morning and night	-----
16 th September 2022 2 nd visit	Heavy bleeding slightly decreased, Pain in abdomen slightly reduced, sensation and pain lightly decreased.	Sac Lac/1 dose Fraxinus americanus Q 10drops morning and night	Improving
30 th September 2022 3 rd visit	Heavy bleeding slightly decreased, Pain in abdomen slightly better, sensation and pain not much improved	Sac Lac/1 dose/15days Fraxinus americanus Q 10drops morning and night	Improving

1 st November 2022 4 th visit	Bleeding has come down with quantity in each and every regular cycle	Sepia 200/ 1 dose Fraxinus americanus Q 10drops morning and night	Improving
1 st December 2022 5 th visit	Tendency to catch cold is better,pain in both knees decreased,Feels better	1.Fraxinusamericanus Q 10drops morning and night 2.Placebo 4pills daily tonight	Improving
2 nd February 2023 6 th visit	H/o Bleeding has come down,pain in knees had come down,feels better when compared with previous.	1.Fraxinusamericanus Q 10drops morning and night 2.Placebo 4pills daily tonight	Improving
2 nd March 2023 7 th visit	Tendency to catch cold is better,pain in both knees decreased, feels better when compared with previous.	1.Fraxinusamericanus Q 10drops morning and night 2.Placebo 4pills daily tonight	Improving
5 th April 2023 8 th visit	Bleeding quantity is decreased,Pain in knees decreased. U/S abdomen reveals:H/O Fibroid is completely decreased and presently only mild fatty changes are noticed.	Placebo 4pills daily night	Improved

CONCLUSION

This is a case about Uterine fibroids. Repertorisation is done and medicine chosen based on symptom similarity Sepia 200 was selected with two doses and Fraxinus americanus Q 10drops morning and night continuously was given. Pt had resolved with Uterine fibroid completely &had no recurrence. Thus proved homoeopathy not only treat the symptoms the cause from the root is removed.

Declaration by Authors

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